

Folsom, El Dorado Hills, and Sacramento Area

Bringing The Church to the needs of the community



NETWORK
www.AssistLocal.org

newsletter

NOVEMBER/DECEMBER 2010

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Super Seniors Ministry Joins Assist Local



Super Seniors Ministry has joined the Assist Local Network, and as a ministry of Assist Local now has it's non-profit status.

Super Seniors is a ministry that seeks to show the elderly that they are loved, honored, and respected. The focus of Super Seniors is show the Love of Jesus to the elderly in convalescent homes.

It should never be under estimated what difference a few moments of your time visiting with an elderly person will make. Through Super Seniors Ministry you can let the elderly men and women know just how much they are appreciated and valued.

For more information on Super Seniors please contact info@SuperSeniorsSacramento.org

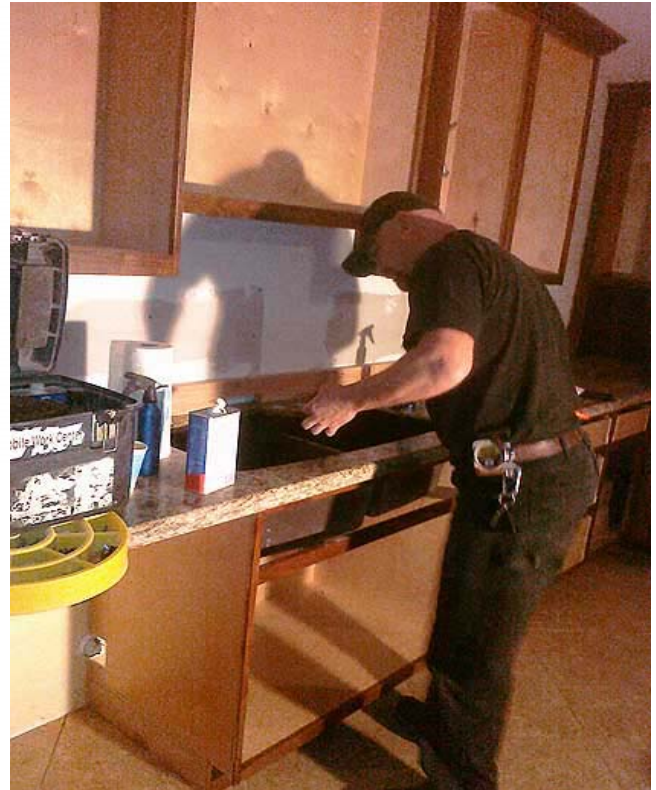
**"Show respect to the elderly,
and honor older people. "**
-Leviticus 19:32

Christmas Gift of Hope...

A Kitchen for Christmas



Originally, the plan was to remodel a residential kitchen for a family, or individual in need. This is still the plan, but thanks to some input from Pastor Jeff Kreiser at Lakeside Church we've found a way to help many people while still doing a single kitchen. Jeff's idea was to seek out a program that supports individuals in a rehabilitation setting that utilizes a residential kitchen. This idea took the original vision to the next level by

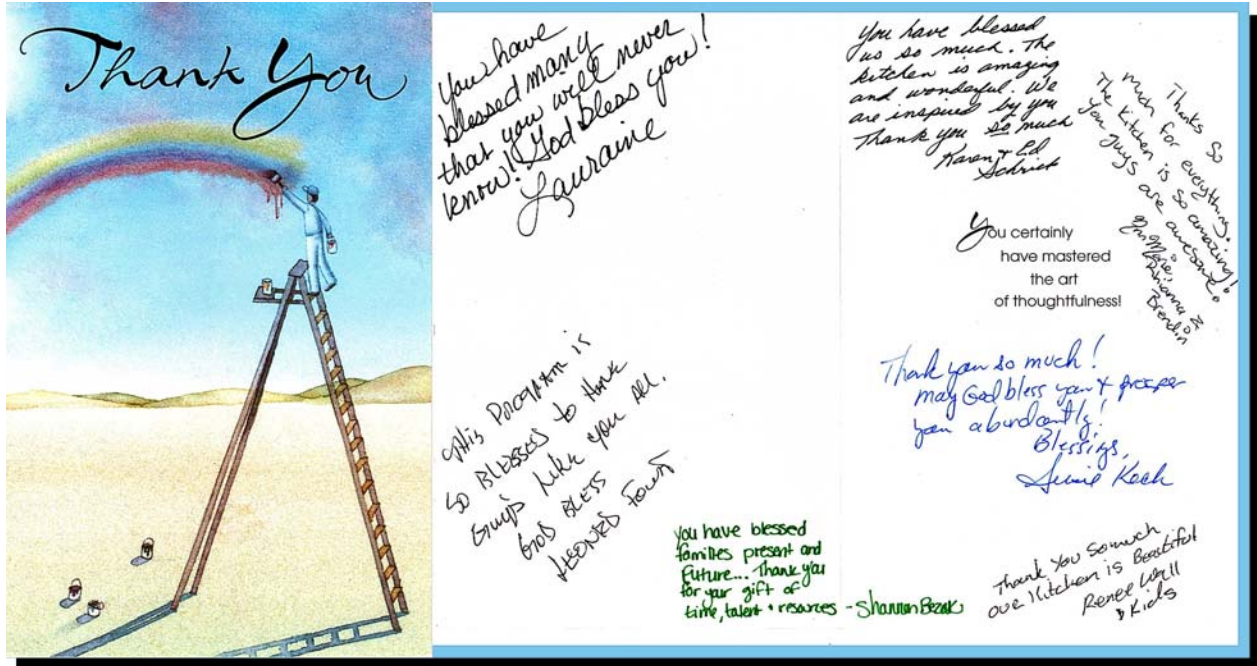


allowing our efforts to affect not only one family, but potentially multiple families and future individuals that will utilize the kitchen.

Jeff put me in contact with Steve McGee of Assist Local Network and through his efforts we were introduced to Hope House Ministries.

Continued on page 2





Christmas Gift of Hope...

A Kitchen for Christmas ... continued

This great program in the Diamond Springs area provides food and long term shelter for homeless women desiring a new start in life. Some have small children that live with them there. Chris, Steve and I went to visit the project site and we met Shannon Bezak, the Executive Director of Hope House Ministries. She explained how the program works and it was easy for us to see the type of impact this would have on the women that lived there.

Ernie Sanchez, one of our talented designers, created the design for the project. He had a chance to visit the site, meet Shannon, and get familiar with the layout of the project. He began working on the design and we created the project schedule and have it posted on our website for everyone to reference. We have had a number of people outside of the trades ask if they could help in some way.

The Kitchen for Christmas project has now been completed and the kitchen looks great! Everyone involved has done an incredible job and the kitchen reflects their efforts. Expert Design & Construction web designer, Justin, and general manager Jeff Headrick have been working together to document the progress of the project from the beginning to completion. The pictures can be seen on the website- www.KitchenForChristmas.com.

It's been an amazing sight to see so many people come together and donate their time and resources to this project. In the midst of a terrible economy all of you played a part in improving the lives of women and children at personal expense- thank you! Please know that your efforts will soon have a tangible impact on the lives of not only the current residents, but future women and children seeking a better life.

Continued on page 5



**Support 4 Soldiers Ships Christmas Gifts:
Donations Valued
at over \$18,619
Provide 300 Care
Packages for
Soldiers.**



Support 4 Soldiers, a ministry of the Assist Local Foundation, with the support of the following organizations:

- American River Republican Women Federated,
- Aztec Solar,
- Bel Air,
- Blockbuster Video,
- Creekview Manor,
- Del Paso Church of God,
- El Dorado Hills Library,
- El Dorado Hills Telegraph,
- Folsom Telegraph,
- Folsom Cordova Unified School District,
- Fred Newman, M.D.,
- Guy Guilfooy, M.D.,
- Intel,
- It's A Grind,
- Karen Kay's Salon,
- Lakeside Church,
- Milgard Mfg.,
- Mountain House,
- Oak Hills School,
- Office Depot,
- Raleys,
- RiverCityBizcards,
- Sam's Club,
- Save Mart "SHARES",
- Staples,
- Taco Bell,
- Tefra Corp.,
- Twin Lakes Food Bank,
- United Way,
- UPS Store,
- Veronica Lehr, Local Artist,
- Walmart,

and many other businesses and area families,

made Christmas a little "brighter" for our soldiers serving overseas. Support 4 Soldiers is a ministry that is dedicated to communicating our appreciation for what our servicemen and women do for our country on a daily basis. One way that we accomplish this is via our care packages, which generally contain items that our soldiers find difficult to acquire overseas. We also provide their "special requests" whenever possible. The feedback we receive is heartwarming, to say the least!

On Monday, November 22, 2010, the community of Folsom gathered together to assemble Christmas Gifts for our troops, who serve our country so bravely. The holidays can be a difficult time for them, and it's a huge sacrifice to be separated from their families and friends at this joyous time of year. We are also very thankful for their families, whose sacrifices are immeasurable. With the help of so many groups and individuals who came together again this year in a united cause, we can once again say: "mission accomplished"! Thanks to all for your continued support.

For more information about how you can get involved as a volunteer on our team, to make a donation, or to give us a soldier's name to receive a care package, please contact us via the info below. We'd love to hear from you!

God bless you, God bless our troops, and God bless America!

-Carol Canfield,
*Volunteer, Support 4 Soldiers
member of Lakeside Church, Folsom*



Check online for a complete list. Wish List items include:
Instant Oatmeal, Microwave Popcorn, Gum, Candy, Hand Sanitizer, Chapstick, Sunscreen, Baby Powder, Traveling Games, Cough Drops, Note Cards, Neosporin, and lots of other items. Also accepting cash donations to help pay for shipping.

Dropoff Locations:

| | |
|---|--|
| FOLSOM TELEGRAPH 921 Sutter Street • Folsom, CA Monday-Friday 8am-5pm | By Appointment at KAREN KAYS SALON 722 Traders Lane • Historic Folsom (916) 608-1906 |
| LAKESIDE CHURCH 745 Oak Avenue Parkway (Corner of E. Bidwell) Folsom, CA Office: Monday-Friday 9am-5pm Lobby: Saturdays between 4pm & 7:30pm and Sundays 9am to 12:30pm | |

**Our next shipment will be sent in time for Christmas.
The deadline for donations in 11/21/10**

ALL DONATIONS ARE TAX DEDUCTIBLE

For more information or to become a drop off location contact:
CAROL CANFIELD
carol.canfield@Support4Soldiers.org
916-983-8840

TAKING IT TO THE HOOP
 Vista wins first two games of the season.
 PAGE A21



Arts center getting ready for its close-up
 PAGE A57

'Nutmcracker' ballet brings holidays home
 PAGE A75

Holiday care packages shipped to soldiers

Multiple community groups chipped in

The community rallied behind care package to send to troops overseas to help make their holidays brighter.

Support 4 Soldiers gathered more than \$18,400 worth of donations and created 297 care packages to be sent to the soldiers.

The group, a ministry of the Assist Local Foundation, received plenty of support, according to organizers.

Supporters included Lakeside Church, The Folsom Telegraph, The El Dorado Hills Telegraph, It's A Grind, River City Bizcards, ARRWF, Milgard Mfg., Karen Kay's Salon, Mountain House, Staples, Blockbuster, Del Paso Church of God, El Dorado Hills Library, Folsom Cordova Unified School District, Taco Bell, Save Mart SHARES Program, Office Depot, Creekview Manor, Intel, Tefra Corp., Aztec Solar, Bel Air, Raley's as well as other businesses and area families.

On Monday, Nov. 22, the community gathered to assemble Christmas gifts for the troops.

According to the care

package drive organizers, the holidays can be a difficult time for the soldiers.

"We are also very thankful for their families, whose sacrifices are immeasurable," a press release states.

For more information about how you can get involved as a volunteer on our team, to make a donation, or to give us a soldier's name to receive a care package, visit support4soldiers.org.

~ Staff report

Wednesday, December 8th, 2010

Mountain Democrat

California's Oldest Newspaper - Est. 1851

Support 4 Soldiers helps brighten season for troops

EDITOR:

Support 4 Soldiers, a ministry of the Assist Local Foundation, with the support of Lakeside Church, Del Paso Church of God, El Dorado Hills Library, Folsom Cordova Unified School District, many, many businesses and area families will make Christmas a little brighter for our soldiers serving overseas. We are a non-profit organization that is dedicated to communicating our appreciation for what our servicemen and women do for our country on a daily basis.

One way that we accomplish this is via our care packages, which generally contain items that our soldiers find difficult to acquire overseas. We also provide their "special requests" whenever possible. The feedback we receive is heartwarming, to say the least.

On Monday, Nov. 22, the community of Folsom gathered to assemble Christmas gifts for our troops, who serve our country so bravely. The holidays can be a difficult time for them, and it's a huge sacrifice to be separated from their families and friends at this joyous time of year. We are also very thankful for their families, whose sacrifices are immeasurable.


With the help of so many groups and individuals who came together again this year in a united cause, we can once again say: "Mission accomplished." Thanks to all for your continued support.

For more information about how you can get involved as a volunteer on our team, to make a donation, or to give us a soldier's name to receive a care package, please contact us. We'd love to hear from you.

God bless you, God bless our troops, and God bless America.

CAROL CANFIELD

Support 4 Soldiers, Folsom, phone: 916-983-8840



MERRY CHRISTMAS

and best wishes for the New Year

Thank you for the box filled with goodies. I kept some and shared the rest with other Soldiers. I appreciate the support and look forward to coming home soon!

Sincerely,
Joe P. Ken

335th SC, USFOP-A, KABUL, AFGHANISTAN

I believe in God's
goodness,
in generosity of spirit,



and in the
kindness
of gentle people-

Heeoo,
My name is Heather Holmes. My husband is Tech Sergeant Aaron Holmes and he is currently deployed to Baghdad, Iraq. Mail is really slow getting out of there so I wanted to personally sit down & say thank you, thank you, thank you to everyone involved in sending him a care package! You have no idea how much it meant to receive a box from you all. It helped to remind him that there are people that not only think of our soldiers, but also put action behind it & drop a note & or in this case a box to let them know they are NOT forgotten! they are being prayed for & thought of in hearts all over this country. As a wife back here in the states w/ 3 children & so wishing he was home but at the same time so very very proud of all he is doing, it means very much to me that he is doing so well. Your kindness has so often refreshed the hearts of God's people. Carefully pulled out PHILEMON 7 (TLB) each item & meticulously read each note & letter in the box. Oh, a time that is so difficult personal kindness is worth more than money could ever compare. Thank You! You brought joy to my husband & for that I will be eternally grateful! Keep up the most honorable job you are doing!

P.S. Aaron wanted to send a personal thank you to Scott Weadon who helped to pack his box. And to pass on that he loved the phrase at the bottom of his letter. Made him really feel that Mr. Weadon totally understood. I see them all in you. & also thank you to the sweet child named Neel that signed his Christmas Card.

Thanks for being the kind of person you are! :

Thank You Again From the bottom of our hearts!
T Sgt Aaron Holmes
Heather Holmes
& Paige Holmes

Christmas Gift of Hope...

A Kitchen for Christmas ... continued

To say thank you to everyone involved, the staff of Green Valley Community Church and the Hope House invited the crew to a gathering at the NEW kitchen on Saturday, December 18th. The celebration was a time to see the completed kitchen, offer our shoebox gifts to the kids, and registry donations while enjoying some refreshments.

It's very exciting to see the vision of this project become a reality and know that all of our efforts will have a lasting impact on the women there. Thank you all for your willingness to be a part of this project.

-Jeff Headrick,
General Manager, Expert Design and Construction
member of Lakeside Church, Folsom

Steve,
Thanks for letting us borrow your generator! I really appreciate your generosity and support.

Thanks again,
Doug



DONATING SPONSORS

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| | | | |
| | | | |
| | | | |

Assist Local supports Lakeside Church youth by providing a portable electric generator for the 2010 Encounter Houseboat trip.



**IMPACT Folsom –
Theodore Judah Elementary School**

Saturday, September 11, 2010, over 50 People attended the IMPACT event. They included volunteers from local churches, the PTA, teachers, and students. The materials for the project were provided by a grant from Lowe's Home Improvements of Folsom. A Free lunch was provided by Lakeside Church.



We want to thank all the volunteers that work so hard to beautify the school campus. It was awesome to see neighborhood children join us as we worked on their school. More information about IMPACT events can be found at www.AssistLocal.org.



**Good News This Issue: 2010
*Praise God For All He Has Done!***

January

- Began Publishing Newsletter to over 1,000 members

February

- Assist Local director Brad Squires creates website for the Good Samaritan Team
- Began hosting www.GoodSamaritanTeam.org

May

- Assist Local supports Lakeside Church Folsom by providing a generator for the Lake Baptism Party

June

- Assist Local supports Lakeside Church youth by providing a generator for Encounter Houseboat trip

July

- Support 4 Soldiers joins Assist Local Foundation

August

- Assist Local provides service opportunities at the Global Leadership Summit
- Freed Inside Jail Ministry joins Assist Local Foundation
- Assist Local launches NEW website platform
- Assist Local provides service opportunities at the Lakeside Global Missions Expo
- Assist Local works with Expert Design and Construction to find a recipient for the Kitchen for Christmas Project

September

- Assist Local sponsors Theodore Judah Impact Folsom
- Assist Local connects Expert Design and Construction to Hope House for the Kitchen for Christmas program

October

- Folsom Telegraph runs FREE advertisement for Assist Local ministry Support 4 Soldiers

November

- Assist Local ministry Support 4 Soldiers assemble Soldier Care Packs for Christmas
- Assist Local ministry Support 4 Soldiers ships 300 Care Packs to troops overseas

December

- Folsom Telegraph runs feature story on Assist Local ministry Support 4 Soldiers
- Super Seniors Ministry joins Assist Local Foundation
- Expert Design and Construction team completes Kitchen for Christmas project
- Mountain Democrat runs feature story on Assist Local ministry Support 4 Soldiers
- Assist Local reaches 28,310 website hits for 2010

I Refuse

Lyrics by Josh Wilson



Sometimes I, I just want to close my eyes
And act like everyone's alright
When I know they're not
This world needs God, but it's easier to stand and watch
I could pray a prayer and just move on
Like nothing's wrong

But I Refuse

I don't want to live like I don't care
I don't want to say another empty prayer
Oh, I refuse to sit around and wait for someone else
To do what God has called me to do myself
I could choose not to move
But I refuse

I can hear the least of these, crying out so desperately
And I know we are the hands and feet of You, oh God
So if You say move, it's time for me to follow through
And do what I was made to do
And show them who You are

I don't want to live like I don't care
I don't want to say another empty prayer
Oh, I refuse to sit around and wait for someone else
To do what God has called me to do myself
I could choose not to move
But I refuse

I refuse to stand and watch the weary and lost cry out for help

I refuse to turn my back and try and act like all is well

I refuse to stay unchanged, to wait another day to die to myself

I refuse to make one more excuse

I don't want to live like I don't care
I don't want to say another empty prayer
Oh, I refuse to sit around and wait for someone else
To do what God has called me to do myself
I could choose not to move
But I refuse

For more information about Amy Grant's music visit her website at www.joshwilsonmusic.com

Community Needs List:

Twin Lakes Food Bank

- **Food donations.** Non-perishable food items. For a list of specific needs, please call Tammy at (916) 985-6232 .

MOST NEEDED FOOD LIST:

- Tuna
- Peanut Butter & Jelly
- Soup
- Fruit
- Cereal
- Pasta



The Prayer Room:

- Pray for our country, our leaders, our economy, and those who have lost their jobs. Pray that God will provide our needs out of His abundance.
- Pray for the Freed Inside Jail Ministry that ministers to the inmates of the county jail in Placerville.
- Pray for the soldiers that serve our country. Pray that God will keep them safe, and let them know that they are not forgotten for their sacrifice to keep us safe.
- Pray for the food banks, and the people they serve.
- Pray for the unchurched, unengaged, unreachd, unlovely and uninterested people of our world.
- Pray for the youth in our community, and that God would protect them from drugs and violence.
- Pray for Alternatives Pregnancy Center, and that God would continue to bless their work in Folsom.
- Pray for the people that are served by the Hope House Shelter for Women in the Placerville area.
- Pray for the Super Seniors Ministry and for the salvation of the elderly that they minister to in the convalescent homes in Folsom.

About The Assist Local Network

The Assist Local Network is a Christian organization whose purpose is to provide support through recruiting volunteers to serve local organizations and charities, and connect the various members of local churches to the needs within their local communities. All services the Assist Local Network provides to churches, members, and those they serve are FREE of charge.

The vision of The Assist Local Network is to promote, facilitate, and lead high quality community service events at which the not yet believing community would experience the reality and relevance of Jesus through the service of Christ Followers. Through their efforts participants have the opportunity to share the love of Jesus by serving the community. These community service events are structured so that participants may invite their not yet believing friends to experience authentic Christian community by serving along side them. Through this type of relational evangelism authentic Christ-honoring relationships are formed, transforming those who participate into passionate and productive followers of Jesus.

The mission of The Assist Local Network is to connect various members of local churches to work together as ONE BODY to meet needs within our communities such as:

- Poverty, Homelessness and Hunger
- AIDS and Cancer
- Orphans and Foster Children
- Elderly and Widowed
- Imprisoned
- Handicapped and Disadvantaged
- Oppressed
- Emergency response
- community support

Last year over 500 volunteers served the local communities for Jesus. The community service events are usually completed on a single Saturday and include a variety of projects that encompass all ages. These projects include cleaning, weeding, planting flowers and trees, building things, taking convalescent home seniors on field trips, and more. Some of the projects we completed have served:

- Blanche Sprentz Elementary School, Folsom
- Twin Lakes Elementary School, Orangevale
- Theodore Judah Elementary School, Folsom
- Powerhouse Ministries, Folsom
- Folsom Convalescent Home, Folsom
- Twin Lakes Food bank, Folsom
- Grace Foundation Animal Rescue, El Dorado Hills
- Folsom City Zoo, Folsom
- Parks and Recreation, Folsom

Community service events can be designed to accommodate, youth groups, small groups and single or multiple churches. If you are interested in participating in one of these events, or you are interested supporting community service work, your donations would be appreciated. The Assist Local Network is a registered 501(c)(3) nonprofit Christian public charity. All donations are tax deductible in full or in part. .

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